

MYKONOSACTIVE NAKED MEN RETREAT PROGRAM 22-29 August 2026 | with Julian, Pinto & Reto

SAT 10	SUN 11	MON 12	TUE 13	WED 14	THU 15	FRI 16
	8:00-8:50 Easy Yoga Flow & Yin	8:00-8:50 Introduction to Pilates	8:00-8:50 Naked Yoga & Meditation	8:00-8:50 HIIT Fitness Training	8:00-8:50 Yin Yoga & Breathwork	8:00-8:50 Embodiment Dance&Relax
	10:15-12:00 Touch& Consent	10:15-13:00 Massage Basics	10:15-13:00 Kahuna Massage	10:15-13:00 Body2Body Massage	10:15-13:00 Genital Massage	10:00-13:00 4-Hands Massage
Check In from 15:00						
From 19:30 Welcome Gathering Apéro-Dinner	17:30-19:00 Playful Ritual	From 18:00 Gay Beach Club and Dinner in Taverna	17:30-19:00 Intention of Touch	17:30-19:00 Sunset WATSU	17:30-20:00 Rope Bondage	18:00-20:00 Eros Liquid
						times may be changed everything on the schedule is optional.